



Food and Agriculture
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CODEX
ALIMENTARIUS
INTERNATIONAL FOOD STANDARDS



45th session of the Codex Committee on Nutrition and Foods for Special Dietary Uses

NRVS-R for persons aged 6-36 months (at step 4)

 Languages: English,
French, Spanish

 **27 October 2026**
16.00 – 18.30 (CET)

Virtual Working Group (VWG)

Background

At the 44th session of Codex Committee on Nutrition and Foods for Special Dietary Uses (CCNFSDU), it was agreed to:

- i. advance the General Principles for establishing nutrient reference values for persons aged 6 to 36 months and the NRVs-R for vitamins A, B6, D and E, thiamine, riboflavin, niacin, pantothenic acid, calcium, copper, iodine, potassium, zinc and protein to Step 8 for adoption by the 47th Session of Codex Alimentarius Commission (CAC).
- ii. re-establish the EWG open to all Members and Observers, chaired by Ireland, and co-chaired by Costa Rica and the USA, working in English and Spanish to complete work under the terms of reference outlined below.

Terms of Reference of the EWG

Apply the Stepwise Process to propose NRVs-R for persons aged 6-12 months, 12-36 months and 6-36 months for the following nutrients in the “amber list”:

- vitamins C, K, B12, folate and biotin, magnesium, iron, selenium, manganese and phosphorus.

In addition, CCNFSDU44 agreed to request the EWG to update the tables that are presented in [Appendix II of CX/NFSDU 24/44/4 \(Part B Rev\) with NIHN data](#).

Objectives: Documents for this Virtual Working Group

The VWG will:

- o Provide a brief summary on the work of the EWG, as outlined in the Agenda Paper ([CX/NFSDU 26/45/4](#)).
- o Progress agreement on the NRVs-R for persons aged 6 – 36 months for the ten remaining nutrients, considering comments submitted in reply to CL 2026/46-NFSDU [CX/NFSDU 26/45/4 Add.2](#)
- o Summarise outstanding issues requiring further discussion by the Committee to finalise agreement.

▲ Documents for this Virtual Working Group:

- Agenda Paper/EWG Report [CX/NFSDU 26/45/4](#) (see Tables 1 and 2) and Appendices [CX/NFSDU 26/45/4 Add.1](#) (sections of these documents will be used to guide discussions).

See [CCNFSDU45 webpage](#) for Spanish and French translations.

- The following documents will be used for reference and background:
- Comments in reply to CL 2026/46-NFSDU [CX/NFSDU 26/45/4 Add.2](#).
- [Guidelines on Nutrition Labelling CXG 2-1985](#) - see Section 3.4.4.2 and Annex 1 Part B.
- [Stepwise Process for Establishing NRVs-R for Persons Aged 6 - 36 Months](#) (schematic and text outline) - available as an information document on the Codex website.

Draft programme:

Time	Registration	
16:00 - 16:10	Welcome and Introductions. VWG Agenda and outline of procedures for feedback and discussion	EWG Chair, Dr Mary Flynn
16:10 - 16:30	Presentation on Background, Methods (General Principles & Stepwise Process), 14 NRVs-R in CXG 2-1985, ToRs and EWG work completed	EWG Chair, Dr Mary Flynn
16:30 - 16:45	Updates to the DIRV tables (NIHN and NCM). Feedback and agreement	Introduced by EWG Chair Assistant, Niamh Clarke Feedback & Discussion by EWG Chair, Dr Mary Flynn
16:45 - 17:20	Proposed NRVs-R for vitamins C, K, folate and biotin, selenium and phosphorus. Feedback and agreement	EWG Chair, Dr Mary Flynn
17:20 - 17:30	Break	
17:30 - 18:20	Proposed NRVs-R for vitamin B12, iron, magnesium and manganese. Feedback and agreement	EWG Chair, Dr Mary Flynn
18:20 - 18:30	Conclusions and next steps	EWG Chair, Dr Mary Flynn