



Food and Agriculture
Organization of the
United Nations



World Health
Organization

**CODEX
ALIMENTARIUS**
INTERNATIONAL FOOD STANDARDS



CCNFSDU45 - Side Event: WHO food profiling tool for regulatory measures

 Languages:
English

 **2 November 2026**

13:45 – 14:45 CET, Scandic Nuremberg Central Hotel / Webcast

CCNFSDU45 - Side Event Timetable

Background

As countries increasingly adopt a suite of complementary regulatory measures to reduce dietary risks, there is an opportunity to consider how foods are identified for regulatory purposes in a more coherent and consistent manner. While nutrient profiling remains central to many policies, including policies to reduce sodium content in manufactured food, emerging evidence and policy experience suggest that nutrient composition alone may not fully capture all characteristics relevant to dietary risk. WHO is therefore developing a food profiling tool for regulatory measures. The publication outlines a public health approach that integrates nutrient-based criteria with regulatory parameters to identify foods commonly referred to as ultra-processed food products, intended to provide regulators and policy-makers with a practical and streamlined tool that can assess individual food products and support multiple regulatory applications. This side event will provide an opportunity for the Codex community to learn more about the WHO tool, the thinking behind its development, and its potential applications. Participants will also hear country perspectives and experiences, with time for discussion and exchange on how the tool could support regulatory action in different contexts.

Monday 2 November	Time (CET)	Agenda	Speakers
	13:45	Welcome	Moderator, Dr Larry Grummer-Strawn, Unit head, Nutrition and Food Safety Action Unit (NFA), Department of Nutrition and Food Safety (NFS), World Health Organization (WHO)
	13:45 - 13:50	Opening remarks	Dr Luz De Regil, Director, NFS/WHO
	13:50 - 14:00	Overview presentation on the WHO tool	Dr Katrin Engelhardt, Scientist, Regulation for Healthy and Sustainable Food Environments, NFA/NFS/WHO
	14:00 - 14:10	Defining key marker ingredients (regulatory parameters) to identify ultra-processed foods (UPF)	Dr Jason Montez, Scientist, Nutrition, Obesity, & Diet-related NCDs, Standards and Scientific Advice Unit (SSA)/NFS/WHO (virtual)
	14:10 - 14:25	Country experience regulating ultra-processed foods and developing food profiling models	2-3 countries (TBD)
	14:25 - 14:40	Discussion with attendees Q&A	Dr Larry Grummer-Strawn
	14:40 - 14:45	Closing	Dr Sarah Cahill, Secretary, Codex Alimentarius Commission